

Liver/Intestine Transplant Office Information

Liver/Intestine Transplant Program
983285 Nebraska Medical Center
Omaha, Nebraska 68198-3285

Transplant Office Hours:

Monday-Friday 8 a.m. to 4 p.m.
Weekends and Holidays CLOSED

The transplant coordinator staff is available during these hours for questions, concerns, medicine refills and reviewing medical information.

Transplant Office Phone Numbers:

Office Phone Number: 402-559-5000
Toll-Free Phone Number: 1-800-401-4444
Office fax Number: 1-402-559-8902

All calls made by 4 p.m. will be answered by the coordinator staff before the end of the day. All calls will be handled in the order in which they were received.

After Hours:

If your call is of an urgent nature, please notify the operator to contact the liver nurse coordinator on call.

If you have a true emergency, please call 911 for immediate attention.

Medical Follow-up After Hospital Discharge

Right after discharge from the hospital, you will be asked to stay in the Omaha area for several weeks to months or until your health is stable. You will be seen in our Multi-Organ Transplant Clinic (MOTC) weekly or every other week until you are ready to go home.

The MOTC is located on the second floor of the Lied Transplant Center. MOTC clinic is on Thursday afternoons. Please come to your visit at least 15 minutes early to check in at the clinic.

You will be asked to have regular lab work as ordered by your doctor. You will receive your lab orders upon discharge from the hospital. You may get your lab work drawn in the Diagnostic Center on the first floor of the Durham Outpatient Care Center.

Discharge to Home

Once you are ready to go home after transplant, you will need to make an appointment with your local primary care doctor within the first few weeks of returning home. They are the doctors who are close to where you live and are the best

to manage your overall health and preventative health maintenance screenings. You should also see this doctor if you get an illness not related to your transplant.

You will also need to make an appointment with your liver doctor (hepatologist or gastroenterologist). Following up with your liver doctor on a regular basis will help manage any medical problems connected to your liver disease and transplant.

The transplant team will be communicating with your local doctors. Important medical information from your transplant will be sent before you go back home so they know what happened to you during your transplant. It is important to let us know if you change doctors at any time after transplant.

You will need to decide where you want to have your lab work done when you go back home. You may have lab work at your doctor's office or clinic or at your local hospital. Sometimes you may need to have lab work drawn on a weekend or holiday. Check with your lab to see if they are open during weekends and holidays.

When to Call the Doctor

The most common complications of transplantation are infection or rejection. Your risk for infection and rejection will lower over time, but will still remain a risk to you for the remainder of your life. Most transplant patients handle colds and flu like any other person.

Some symptoms need treatment as soon as they occur. Below are some general guidelines for when to call the transplant team and when to call your local doctor.

You may need to go to the Emergency Department or call 911 if you experience the following symptoms:

- Chest pain
- Shortness of breath, difficulty breathing, loss of consciousness and/or disorientation
- Difficulty speaking, weakness in arms or legs
- Seizures
- Bleeding, coughing up blood or throwing up blood
- Pain – sudden or severe onset of new stomach pain

Call your transplant team if:

- You have a high fever (higher than 101 F)
- You are experiencing night sweats and/or chills
- You “feel lousy” or have flu-like symptoms
- You have a low-grade fever (less than 100 F for 2 to 3 days)

- You have a persistent or moist cough
- You have a sore scratchy throat or pain when swallowing
- You have severe loose stools (more than 6 stools in a 24-hr. period)
- You have a skin rash
- You have severe stomach pain or pain in the incision area
- You have a separation of wound edges or swelling around incision
- You have redness around incision or your incision is hot to the touch
- You have any increase in drainage, or drainage that is foul-smelling or looks like pus.
- You have severe headaches, dizziness or blurred vision
- You are throwing up and not able to keep down any liquids or medicines
- You notice any blood in your stool
- The white part of your eyes appear yellow
- You have an increase in ostomy or stool output
- You are not able to tolerate or handle an increase in tube feedings due to stomach cramping, loose stools or are throwing up
- You have sudden mental status changes (i.e., confusion, disorientation)
- You have trouble urinating - pain or burning, constant urge to urinate or frequent urination
- You have started any new medicines by any doctor outside of our transplant team
- Any questions or concerns