

# Pain Management Program



**David Cates, PhD**  
*Director, Behavioral Health*



**Kimberley Haynes-Henson, MD**  
*Medical Director*



**Kimberly Vacek, PhD**  
*Psychologist*  
Chronic Pain/Chronic Illness  
Mood Disorders  
Anxiety Disorders  
Trauma Disorders  
Gender Identity Concerns



**Lindsay Seim, PsyD**  
*Psychologist*  
Chronic Pain/Chronic Illness  
Mood Disorders  
Anxiety Disorders  
Pre-Surgical Evaluation



**Lori Long, PT**  
*Physical Therapist*  
Chronic Pain Syndromes  
Aquatic Physical Therapy  
Manual Therapy Techniques  
Chronic Neck and Back Pain



**Giuseppe Siracusano, DPT, PT**  
*Physical Therapist*  
Chronic Pain Syndromes  
Chronic Headaches  
Chronic Neck and Back Pain  
Chronic Arm and Leg Pains  
Biomechanical Dysfunctions of the Central and Peripheral Nervous Systems  
Biomechanical Dysfunctions of the Organs and Autonomic Nervous System  
Treat Children, Adolescents and Adults  
Musculoskeletal Dysfunctions in Infants Interfering with Normal Breastfeeding



**Julia Gallup, PTA**  
*Physical Therapist Assistant*  
Chronic Pain Syndromes  
Therapeutic Exercises  
Manual Therapy Techniques  
Postural Techniques  
Certified Yoga Instructor



**Adrienne Connor, PT**  
*Physical Therapist*  
Chronic Pelvic Pain  
Chronic Abdominal Pain  
Musculoskeletal and Biomechanical Dysfunctions of the Pelvis  
Chronic Neck and Back Pain  
Chronic Headache Pain

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This 3-4 week program is designed to help individuals with chronic pain learn to better manage their pain by using active pain management strategies. Pain management strategies are provided in a multidisciplinary format by a clinical psychologist, physical therapist and nurse. Because these providers are in one department and under one roof, assessment and treatment services are comprehensive and integrated.



**Lynne Meece, RN**  
*Program Nurse*  
Chronic Pain Syndromes  
Medication Tapers (*\*in conjunction with medical director and pharmacist*)  
Nutrition Information  
Medication Information

**For more information or to refer a patient:**  
**402.559.4364**