



Breastfeeding Support Group

Latch and Learn is a free drop-in breastfeeding group on the first Thursday of each month from 3 to 4 p.m. at the Olson Center for Women's Health.

Our lactation consultants provide:

- Weighed feedings
- Latch assistance and evaluation
- Breastfeeding assessment and advice

You do not need to be a Nebraska Medicine patient or make an appointment. This group is open to any mom in the community.

Olson Center for Women's Health

Durham Outpatient Center, Level four
45th and Emile streets, Omaha, NE, 68105

For more information, call 402.552.3487.

In the case of inclement weather,
the meeting will be canceled.

