

When to call: danger signs and symptoms

DANGER SIGNS AND SYMPTOMS

This chapter is meant to remind you there may be times when you will experience symptoms that should be reported right away. They may be symptoms of developing infection or they may be signs of rejection. In any case, your transplant team should be notified immediately.

Call your transplant team if:

- *Your temperature is two degrees higher than your “normal” temperature.*
- *You have shortness of breath.*
- *You have difficulty breathing while lying on your back.*
- *You have a fast or irregular heart beat (feeling of palpitations).*
- *You have a fast breathing rate.*
- *You have increased weight or swelling.*
- *You feel tired and are not able to exercise as much.*
- *You have flu-like symptoms: chills, aches, headache, dizziness, nausea or vomiting.*
- *You have an unexplainable poor appetite.*
- *You have a skin rash.*
- *You have an area of pain, redness, tenderness or swelling.*
- *You have a wound or cut that won’t heal.*
- *You have red, warm or draining sores.*
- *You have a sore, scratchy throat or pain when swallowing.*
- *You have sinus drainage that isn’t clear.*
- *You have a persistent or moist cough.*
- *You have nausea, vomiting and/or diarrhea.*

- *You have white patches in your mouth or on your tongue.*
- *You have trouble urinating—pain or burning, constant urge or frequent urination.*
- *You have bloody, cloudy or foul-smelling urine.*
- *Somebody you come in contact with was diagnosed with a serious communicable illness.*
- *You have thoughts of ending your life or giving up, which is an indication of severe depression.*
- *You are unable to master the energy to get out of bed, eat or bathe.*

Remember also to always call your transplant team if another doctor wants you to start on a new medicine!

It is always best to call the office and get advice from the transplant coordinator if you have any change in your condition.